**UCLA True Bruin Traditions Keeper**

Listed below are the True Bruin Traditions. Use this sheet to keep track of every tradition that you have completed, but don’t forget to keep proof of your completion of that tradition (i.e. pictures, videos, ticket stubs, etc.). Students who entered UCLA as a **transfer** are required to **complete 40 traditions** in order to become a True Bruin Traditions Keeper. Good luck!

<table>
<thead>
<tr>
<th>Academics</th>
<th>Art/Culture/Food</th>
<th>Athletics</th>
<th>Campus Highlights</th>
<th>Campus Leadership</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Meet with a departmental advisor</td>
<td>- Attend a movie world premiere in Westwood</td>
<td>- Attend a UCLA Football game</td>
<td>- Take a stroll through the Sculpture Garden</td>
<td>Get involved in any of the following student groups/campus departments:</td>
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<tr>
<td>- Attend Orientation Part 2</td>
<td>- Visit the Fowler Museum, Hammer Museum, or Getty Center</td>
<td>- Attend a UCLA Basketball game</td>
<td>- Find the turtles in the Botanical Garden</td>
<td>- AAP (Peer Counselor or Volunteer)</td>
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<tr>
<td>- Meet with your College/School advisor</td>
<td>- Attend a Campus Events Commission Free Sneak, Movie, Concert or Speaker Series</td>
<td>- Attend a USC rivalry game</td>
<td>- Visit the UCLA Athletics Hall of Fame at the JD Morgan Center</td>
<td>- BruinWoods (Camp Counselor)</td>
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<tr>
<td>- Participate in a Common Book Discussion</td>
<td>- Attend a show at Freud Playhouse</td>
<td>- Visit the UCLA Planetarium</td>
<td>- Take a picture with the Victory Bell</td>
<td>- Bruin Leaders Project</td>
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<tr>
<td>- Attend a research consultation in Powell Library</td>
<td>- Attend an event sponsored by the Center for the Art of Performance</td>
<td>- Attend a Women’s sporting event</td>
<td>- Tailgate at the Rose Bowl</td>
<td>- Emergency Medical Technician (EMT) or Community Service Office (CSO)</td>
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<tr>
<td>- Study at Late Night Powell</td>
<td>- Participate in or attend a student cultural night</td>
<td>- Attend a Fall sporting event (other than Football and Men’s Basketball)</td>
<td>- Visit the dinosaur fossils in the Geology Building</td>
<td>- Greek Life (house leadership, IFC/Panhellenic, etc.)</td>
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<tr>
<td>- Attend a My Last Lecture</td>
<td>- Visit Diddly Riese</td>
<td>- Attend a Winter sporting event (other than Men’s Basketball)</td>
<td>- Take a picture with the John Wooden statue</td>
<td>- Center for Accessible Education (Note Taker, Volunteer, etc.)</td>
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<tr>
<td>- Attend Major Blast</td>
<td>- Participate in Dinners for 12 Strangers</td>
<td>- Attend a Spring sporting event</td>
<td>- Attend the Chancellor’s Office Hours</td>
<td>- New Student &amp; Transition Programs (New Student Advisor)</td>
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<tr>
<td>- Take a Fiat Lux course</td>
<td>- Swipe a friend into a dining hall for a meal together</td>
<td>- Attend an Away game for any UCLA sport</td>
<td>- Take a selfie in front of Royce Hall</td>
<td>- Pediatric AIDS Coalition</td>
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<tr>
<td>- Complete a General Education Cluster</td>
<td>- Participate in or attend a student exhibit</td>
<td>- Attend a playoff or championship game for any sport</td>
<td>- Take a selfie in front of your favorite campus location</td>
<td>- Residential Life (Resident Assistant, Hill Government Representative, Move-in Assistant, etc.)</td>
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<tr>
<td>- Participate in a Student Research Project</td>
<td>- Visit the UCLA or Westwood Village Farmers Market</td>
<td>- Join the Den</td>
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<td>- Resilience Peer Network</td>
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<tr>
<td>- Attend a professor’s office hours/meet with a professor</td>
<td>- Attend a floor/house program in the Residence Halls</td>
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<td>- Student Alumni Association</td>
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<tr>
<td>- Plan a group study session/utilize a Powell or Young Research Library (YRL) Study Room</td>
<td>- Attend the UCLA Pow Wow</td>
<td>- Take a stroll through the Sculpture Garden</td>
<td>- Student Media (Daily Bruin, Bruin Life, magazines, UCLA Radio)</td>
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<tr>
<td>- Participate in the College Summer Institute (CSI)</td>
<td>- Visit the UCLA Clothesline Project</td>
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<td>- Undergraduate Admission (Bruin Ambassadors, Campus Tours, Cub Tours)</td>
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<tr>
<td>- Participate in the Freshman/Transfer Summer Program (FSP/TSP)</td>
<td>- Attend a TEDxUCLA event</td>
<td>- Take a picture with the John Wooden statue</td>
<td>- Undergraduate Student Association Council (USAC)</td>
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<tr>
<td>- Take a course in Summer Sessions</td>
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<td>- UniCamp (Camp Counselor)</td>
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<td>- Participate in Study Abroad</td>
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<td>- Volunteer Center (Task Manager, Site Manager, Project Manager)</td>
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You can download the free True Bruin Traditions Keeper app from the Apple App Store to help keep track of your progress. (Currently, the app is only available for Apple products.)
Career
- Join UCLA ONE
- Visit the Career Center
- Join the UCLA Alumni LinkedIn group
- Participate in the UCLA Alumni Mentor Program
- Attend a career building workshop
- Have your resume critiqued through a Career Center workshop
- Attend a career networking night
- Attend a campus job fair
- Complete an internship
- Participate in the Social Enterprise Academy

Clubs/Organizations
- Join a club or organization
- Visit the Enormous Activities Fair
- Attend a USAC Open Meeting
- Attend a social event held by a campus club/organization
- Attend a Dashew Center event
- Participate in an activity or event held by an academic club or group
- Fly on Bruin Walk for a club or organization

Healthy Living
- Attend a drop-in Meditation session
- Attend a Mindful Music event
- Visit the Medicinal Herb Garden at the Ronald Reagan Medical Center
- Take a nap in one of the locations on the UCLA Nap Map
- Participate in GRIT peer-to-peer coaching
- Attend a Healthy Campus Initiative pod meeting
- Nominate a Bruin who helped a student in crisis for True Bruins R.A.I.S.E. recognition
- Attend a "Science & Food UCLA" lecture series event
- Apply for an HCI Student Grant
- Attend a program through UCLA RISE
- Attend a wellness workshop at UCLA Counseling & Psychological Services (CAPS)
- Attend the Healthy Campus Initiative Celebration event in Spring

Personal Achievements
- Finish a Daily Bruin crossword puzzle
- Write a response to a Daily Bruin article and have it published
- Take a photo in cap and gown for Bruin Life (UCLA’s yearbook)
- Become a recipient of the Chancellor’s Service Award
- Become a finalist or recipient of the True Bruin Distinguished Senior Award
- Declare candidacy for graduation
- Make the Dean’s List
- Graduate with Department Honors
- Graduate with College Honors
- Graduate with Latin Honors

Recreation/Outdoors
- Relax at Sunset Canyon Recreation Center
- Take a recreation class through the John Wooden Center
- Nominate a Bruin who helped a student in crisis for True Bruins R.A.I.S.E. recognition
- Attend a “Science & Food UCLA” lecture series event
- Apply for an HCI Student Grant
- Attend a program through UCLA RISE
- Attend a wellness workshop at UCLA Counseling & Psychological Services (CAPS)
- Attend the Healthy Campus Initiative Celebration event in Spring

UCLA Spirit
- Become “Bruintized”
- Attend the “Welcome to Bruin Life” event
- Attend the “CHAMPED UP: UCLA Athletics Welcome” event
- Attend/perform in Spring Sing
- Attend the Beat ‘SC Bonfire and Rally
- Attend Bruin Bash
- Participate in 8-Clap Heard Around the World
- Take a picture with Joe or Josie Bruin
- Participate in “Fan Friday”
- Attend the “Welcome to Bruin Life” event
- Attend the “CHAMPED UP: UCLA Athletics Welcome” event
- Become “Bruintized”
- Participate in Volunteer Day
- Attend the “Welcome to Bruin Life” event
- Attend the “CHAMPED UP: UCLA Athletics Welcome” event
- Attend/perform in Spring Sing
- Attend the Beat ‘SC Bonfire and Rally
- Attend Bruin Bash
- Participate in 8-Clap Heard Around the World
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Volunteer
- Attend the Centennial Year Launch Projection Show
- Attend “UCLA 100th Birthday Celebration at Grand Park with KCRW”
- Attend “UCLA Community Classroom Exploring Today’s Big Ideas”
- Attend one of the lectures in the “UCLA 10 Questions” series
- Participate in the “Ciclavia: Heart of LA, Celebrating 100 Years of UCLA” event
- Attend “Internet50”
- Attend “Exploring Your Universe”

Create Your Own
- Create your own tradition for you and your friends to participate in while at UCLA!

Once you have completed your traditions, please bring this form and all supporting documentation to 201 Covel Commons no later than May 1 of your graduating year for verification.

Name: ___________________________________________________________________
Student ID Number: ___________________________________________________________________
Email Address: ___________________________________________________________________