UCLA True Bruin Traditions Keeper

Listed below are the True Bruin Traditions. Use this sheet to keep track of every tradition that you have completed, but don't forget to keep proof of your completion of that tradition (i.e. pictures, videos, ticket stubs, etc.). As a student that entered UCLA as a transfer, you are required to complete 40 traditions in order to become a True Bruin Traditions Keeper. Good luck!

### Academics
- Meet with a departmental advisor
- Meet with your College/School advisor
- Attend Orientation Part 2
- Participate in a Common Book Discussion
- Attend a research consultation in Powell Library
- Study at Late Night Powell
- Attend a My Last Lecture
- Attend Major Blast
- Take a Fiat Lux course
- Take a University Studies course
- Participate in a Student Research Project
- Attend a professor's office hours/meet with a professor
- Plan a group study session/utilize a Powell or YRL Study Room
- Complete a General Education Cluster
- Participate in the College Summer Institute (CSI)
- Participate in the Freshman/Transfer Summer Program (FSP/TSP)

### Art/Culture/Food
- Attend a movie world premiere in Westwood
- Visit the Fowler Museum, Hammer Museum, or Getty Center
- Attend a Campus Events Commission Free Sneak, Movie, Concert or Speaker Series
- Attend a show at Freud Playhouse
- Attend an event sponsored by the Center for the Art of Performance
- Participate in or attend a student cultural night
- Visit Diddy Riese
- Participate in Dinners for 12 Strangers
- Swipe a friend in for a meal together
- Participate in or attend a student exhibit
- Visit the UCLA or Westwood Village Farmers Market
- Participate in or attend the UCLA Edible Book Festival
- Participate in Study Abroad/Travey Study
- Attend a floor/house program in the Residence Halls
- Attend the UCLA Pow Wow
- Attend the UCLA Clothesline Project

### Athletics
- Attend a UCLA Football game
- Attend a UCLA Basketball game
- Attend a USC rivalry game
- Attend a Women's sporting event
- Attend an Fall sporting event (other than Football and Men's Basketball)
- Attend an Winter sporting event (other than Men's Basketball)
- Attend an away game for any UCLA sport
- Visit the UCLA Athletics Hall of Fame at the JD Morgan Center
- Take a picture with the Victory Bell
- Tailgate at the Rose Bowl
- Join the Den
- Attend a playoff or championship game for any sport

### Campus Highlights
- Take a stroll through the Sculpture Garden
- Find the turtles in the Botanical Garden
- Watch a show at the UCLA Planetarium
- Rub the Bruin Bear's paw for luck
- Participate in a Department of Psychology study
- Visit the dinosaur fossils in the Geology Building
- Take a picture with the John Wooden statue
- Take a selfie in front of Royce Hall
- Take a selfie in front of your favorite campus location
- Create your own tradition for you and your friends to participate in while at UCLA!

### Campus Leadership
- AAP (Peer Counselor or Volunteer)
- BruinWoods (Camp Counselor)
- Bruin Leaders Project
- Community Service Office (CSO) or Emergency Medical Technician (EMT)
- Greek Life (leadership in house, IFC/Panhellenic, etc.)
- Honors Societies
- New Student & Transition Programs (New Student Advisor)
- Center for Accessible Education (Note Taker, Volunteer, etc.)
- Pediatric AIDS Coalition
- Residential Life (Resident Assistant, Hill Government Representative, Move-in Assistant, etc.)
- Resilience Peer Network
- Student Alumni Association
- Student Media (Daily Bruin, Bruin Life, magazines, UCLA Radio)
- Undergraduate Admission (Bruin Ambassadors, Campus Tours, Cub Tours)
- Undergraduate Student Association Council (USAC)
- UniCamp (Camp Counselor)
- Volunteer Center (Task Manager, Site Manager, Project Manager)
<table>
<thead>
<tr>
<th>Career</th>
<th>Healthy Living</th>
<th>Personal Achievements</th>
<th>UCLA Spirit</th>
<th>Volunteer</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Visit the Career Center</td>
<td>□ Attend a drop-in Meditation session</td>
<td>□ Finish a “Daily Bruin” crossword puzzle</td>
<td>□ Become “Bruintized”</td>
<td>□ Participate/volunteer in Bruin Day</td>
</tr>
<tr>
<td>□ Sign up for a BruinView account</td>
<td>□ Attend a Mindful Music event</td>
<td>□ Write a response to a Daily Bruin article and have it published</td>
<td>□ Attend the “Welcome to Bruin Life” event</td>
<td>□ Participate in Volunteer Day</td>
</tr>
<tr>
<td>□ Join the UCLA Alumni LinkedIn group</td>
<td>□ Visit the Medicinal Herb Garden at the Ronald Reagan Medical Center</td>
<td>□ Take a photo in cap and gown for Bruin Life yearbook</td>
<td>□ Attend the “CHAMPED UP: UCLA Athletics Welcome” event</td>
<td>□ Participate in Dance Marathon</td>
</tr>
<tr>
<td>□ Participate in the UCLA Alumni LinkedIn group</td>
<td>□ Take a nap in one of the locations on the UCLA Nap Map</td>
<td>□ Receive the Chancellor's Service Award</td>
<td>□ Obtain a UCLA license plate frame</td>
<td>□ Sign up for a One Bus, One Cause opportunity</td>
</tr>
<tr>
<td>□ Attend a career building workshop</td>
<td>□ Rent a bicycle from the UCLA Bike Shop</td>
<td>□ Become a finalist or receive the True Bruin Distinguished Senior Award</td>
<td>□ Attend/perform in Spring Sing</td>
<td>□ Donate canned food during “I Heart UCLA Week”</td>
</tr>
<tr>
<td>□ Have your resume critiqued through a Career Center workshop</td>
<td>□ Participate in GRIT peer-to-peer coaching</td>
<td>□ Declare candidacy for graduation</td>
<td>□ Attend Bruin Bash</td>
<td>□ Donate food and supplies to the UCLA Food Closet</td>
</tr>
<tr>
<td>□ Attend a career networking night</td>
<td>□ Attend a Healthy Campus Initiative pod meeting</td>
<td>□ Graduate with Latin Honors</td>
<td>□ Participate in 8-Clap Heard Around the World</td>
<td>□ Donate blood at/or flyer on Bruin Walk for the UCLA Blood and Platelet Center</td>
</tr>
<tr>
<td>□ Attend a campus job fair</td>
<td>□ Visit a Breathe Well table and win a prize</td>
<td>□ Graduate with Department Honors</td>
<td>□ Attend the Beat ‘SC Bonfire and Rally</td>
<td>□ Volunteer with a student-initiated outreach program at the Community Programs Office</td>
</tr>
<tr>
<td>□ Complete an internship</td>
<td>□ Attend a “Science &amp; Food UCLA” lecture series event</td>
<td>□ Graduate with College Honors</td>
<td>□ Participate in “Fan Friday”</td>
<td>□ Participate in the UCLA Relay for Life</td>
</tr>
<tr>
<td></td>
<td></td>
<td>□ Make the Dean’s List for a quarter</td>
<td>□ Donate to the UCLA Fund</td>
<td>□ Volunteer at the UCLA Medical Center</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Clubs/Organizations</th>
<th>Recreation/Outdoors</th>
<th>Personal Achievements</th>
<th>UCLA Spirit</th>
<th>Volunteer</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Join a club or organization</td>
<td>□ Relax at Sunset Canyon Recreation Center</td>
<td>□ Finish a “Daily Bruin” crossword puzzle</td>
<td>□ Become “Bruintized”</td>
<td>□ Participate/volunteer in Bruin Day</td>
</tr>
<tr>
<td>□ Flyer on Bruin Walk for a club or organization</td>
<td>□ Take a recreation class through the John Wooden Center</td>
<td>□ Write a response to a Daily Bruin article and have it published</td>
<td>□ Attend the “Welcome to Bruin Life” event</td>
<td>□ Participate in Volunteer Day</td>
</tr>
<tr>
<td>□ Visit the Enormous Activities Fair</td>
<td>□ Participate in an IM sport</td>
<td>□ Take a photo in cap and gown for Bruin Life yearbook</td>
<td>□ Attend the “CHAMPED UP: UCLA Athletics Welcome” event</td>
<td>□ Participate in Dance Marathon</td>
</tr>
<tr>
<td>□ Attend a USAC Open Meeting</td>
<td>□ Walk/run the perimeter of campus or take a self-guided campus tour</td>
<td>□ Receive the Chancellor’s Service Award</td>
<td>□ Obtain a UCLA license plate frame</td>
<td>□ Sign up for a One Bus, One Cause opportunity</td>
</tr>
<tr>
<td>□ Attend a social event held by a campus club/organization</td>
<td>□ Visit the UCLA Marina Aquatic Center in Marina Del Rey</td>
<td>□ Become a finalist or receive the True Bruin Distinguished Senior Award</td>
<td>□ Attend/perform in Spring Sing</td>
<td>□ Donate canned food during “I Heart UCLA Week”</td>
</tr>
<tr>
<td>□ Attend a Dashew Center event</td>
<td>□ Watch a noon concert in Bruin Plaza</td>
<td>□ Declare candidacy for graduation</td>
<td>□ Attend Bruin Bash</td>
<td>□ Donate food and supplies to the UCLA Food Closet</td>
</tr>
<tr>
<td>□ Participate in an activity or event held by an academic club or group</td>
<td></td>
<td>□ Graduate with Latin Honors</td>
<td>□ Participate in 8-Clap Heard Around the World</td>
<td>□ Donate blood at/or flyer on Bruin Walk for the UCLA Blood and Platelet Center</td>
</tr>
</tbody>
</table>

Once you have completed your traditions, please bring this form and all supporting documentation to 201 Covel Commons no later than April 30 of your graduating year for verification.

Name: ____________________________

Student ID Number: ____________________________

Email Address: ____________________________